

TENSE	SIGNAL WORDS	USE	FORM	EXAMPLES AFFIRMATIVE	EXAMPLES NEGATIVE	EXAMPLES INTERROGATIVE
Past Continuous	while	<ul style="list-style-type: none"> An action happened in the middle of another action. Someone was doing something at a certain time (in the past). You don't know whether it was finished or not. 	was/were + infinitive + ing	I was working. He was working. I was going. He was going.	I wasn't working. He wasn't working. I wasn't going. He wasn't going.	Was I working? Was he working? Was I going? Was he going?
Present Simple Perfect	just yet, recently never, ever already so far up to now since, for	<ul style="list-style-type: none"> You say that something has happened or is finished in the past and it has a connection to the present. Action started in the past and continues up to the present. 	have/has + past participle* *(infinitive +ed) or irregular verbs	I have worked. He has worked. I have gone. He has gone.	I haven't worked. He hasn't worked. I haven't gone. He hasn't gone.	Have I worked? Has he worked? Have I gone? Has he gone?
Present Perfect Continuous	all day the whole day how long since for	Action began in the past and has just stopped. How long the action has been happening. Emphasis: length of time of an action.	have/has + been + infinitive + ing	I have been working. He has been working. I I have been going. He has been going.	I haven't been working. He hasn't been working. I I haven't been going. He hasn't been going.	Have I been working? Has he been working? Have I been going? Has he been going?